



# PREP CULINARY

## WHO ARE WE?

*Meet the leaders in quality food manufacturing.*

Prep Culinary is a professional food manufacturer of grab and go style food including sandwiches, salads, soups, wraps and heat & serve meals. Our dedicated team works hard daily to produce high quality food for our customers, and for our brand - Good Day Sandwich Co.

We are leaders in the prepared food industry, and have been for over 30 years. You can scale your business worry free when you work with Prep Culinary.

Leave the Prep Work to us.

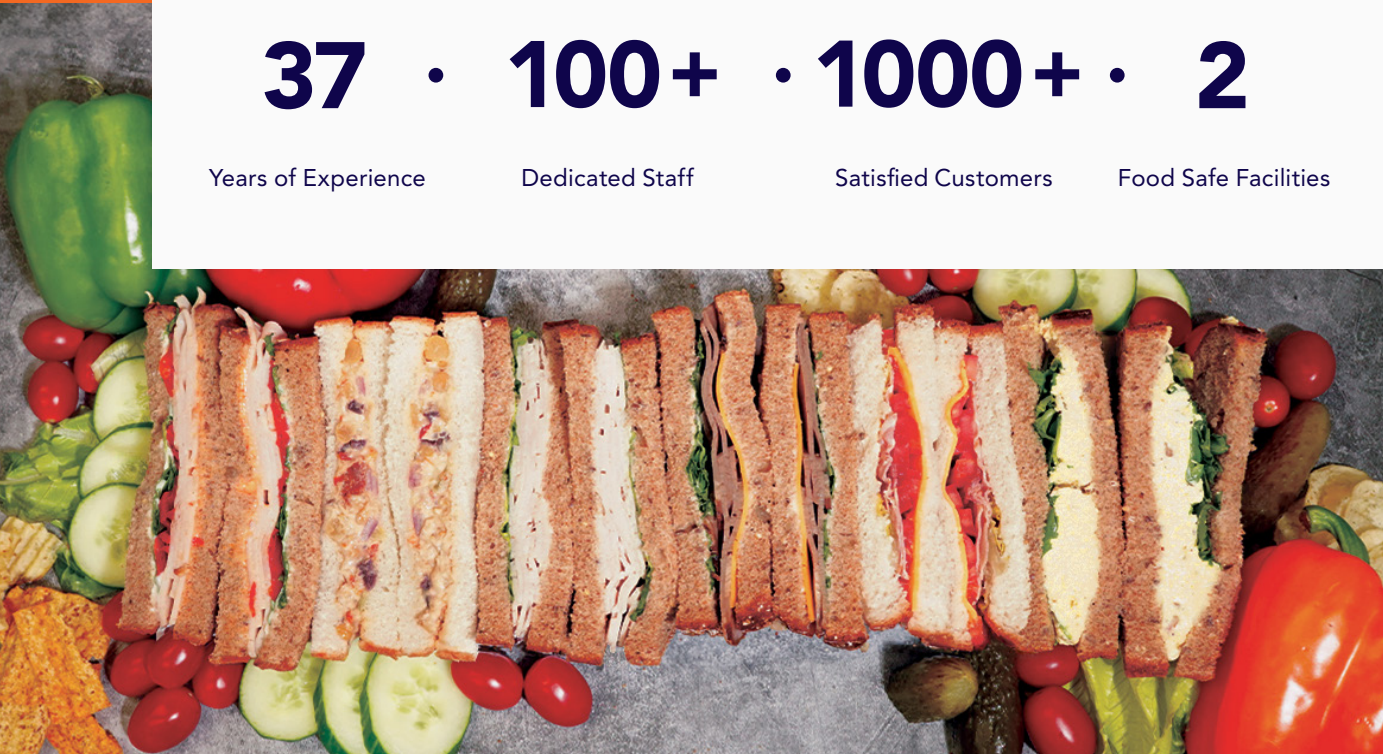
**37** • **100+** • **1000+** • **2**

Years of Experience

Dedicated Staff

Satisfied Customers

Food Safe Facilities



**LET'S WORK TOGETHER!**

*CONTACT PREP CULINARY FOR HIGH-QUALITY FOOD SOLUTIONS.*

Take a look through a section of the current items we make within our facilities and let's talk what we can do to elevate and scale your business with peace of mind.

# WHAT WE CAN DO.

*What are we working with?*

Out of our two facilities, Prep Culinary can produce a variety of food including sandwiches, salads, soups, and heat & serve meals. We have the abilities to produce anything from co-packing, white label, fresh salads, map products, pick n' pull style packing and distribution. We work closely with our customers to develop products that meet industry regulations, quality standards, and consumer expectations.

We partner with large and small scale businesses to work on projects that fit their specific needs. With Prep Culinary the possibilities are truly endless. Now let's explore some of our current products.

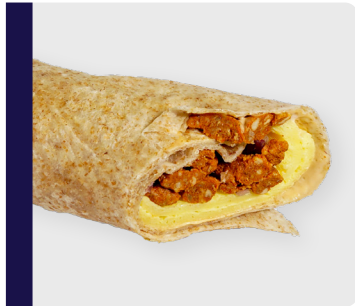


## BREAKFAST

This is the most important meal of the day, and we take this very seriously at Prep Culinary. Check out some of our current offerings below:



BREAKFAST  
**ENGLISH MUFFIN**  
*Halal*



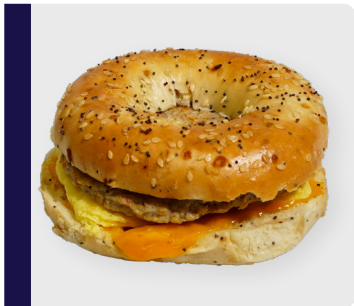
BREAKFAST  
**CHORIZO & EGG WRAP**



BREAKFAST  
**CREAM CHEESE BAGEL**



BREAKFAST  
**EGG & CHEESE MUFFIN**



BREAKFAST  
**EGG & SAUSAGE BAGEL**



BREAKFAST  
**EGG, BACON & CHEESE MUFFIN**



# WEDGE SANDWICHES

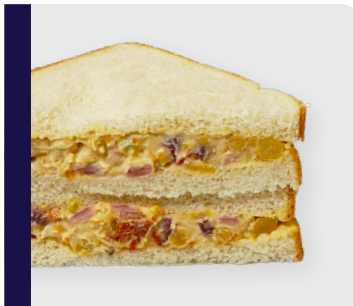
The wedge sandwich category continues to hold strong market value as a convenient, grab-and-go option, making it a versatile choice for consumers looking for quality and speed. Knowing this, we have created a product line that are able carter to a many different dietary restrictions like Gluten Free, Halal and Veggie.



WEDGE  
**BLT**



WEDGE  
**CLASSIC EGG SALAD**



WEDGE  
**MEDITERRANEAN SMASHED CHICK PEA**  
*Veggie*



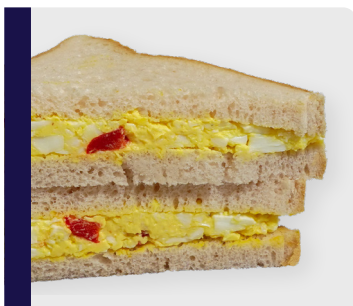
WEDGE  
**OVEN ROASTED CHICKEN**



WEDGE  
**ROAST BEEF**



WEDGE  
**SMOKED TURKEY**  
*Halal*



WEDGE  
**EGG SALAD**  
*Gluten Free*



WEDGE  
**HAM & SWISS**  
*Gluten Free*



# SUB SANDWICHES

Submarine sandwiches are great for their adaptability and crowd-pleasing potential. We currently have a wide range of products but there is always potential to expand and create custom subs that align with your vision.



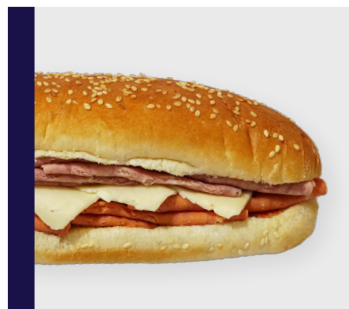
SUBMARINES  
**BIG JIM MEAT**



SUBMARINES  
**HAM, SWISS & SMOKED TURKEY**



SUBMARINES  
**MEATBALL**



SUBMARINES  
**PIZZA**



SUBMARINES  
**8" ASSORTED**



SUBMARINES  
**8" ASSORTED**  
*Halal*



# WRAPS

Wraps continue to dominate in market value due to their healthy appeal and customizable nature. Our wrap selection brings together global flavors in a convenient format that's easy to enjoy on the go. Thankfully, This versatile product line is ready for fresh ideas.



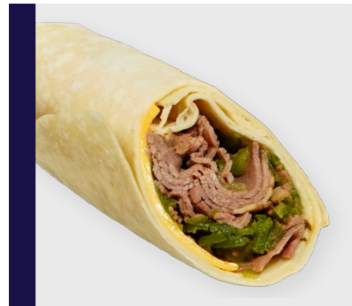
WRAPS  
**BUFFALO CHICKEN**



WRAPS  
**CHICKEN CAESAR**



WRAPS  
**FALAFEL & HUMMUS**  
*Veggie*



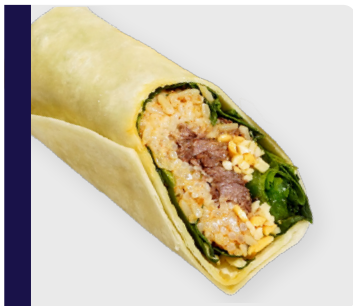
WRAPS  
**TEXAS STEAK**



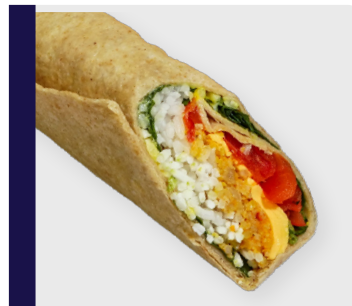
WRAPS  
**THAI CHICKEN**



WRAPS  
**TUNA SALAD**



WRAPS  
**PULLED BEEF BURRITO**



WRAPS  
**ROASTED CAULIFLOWER BURRITO**  
*Veggie*



# OTHERS

At Prep Culinary, we don't want to fit into the box and we don't need to. We have the ability to create one off food items that fill the many gaps within the current market. Check out what we have right now, but let's discuss creating something unique today!



OTHERS  
**CHICKEN  
CAESAR FOLD**



OTHERS  
**CHEESEBURGER**



OTHERS  
**CHICKEN PARM  
KAISER**



OTHERS  
**CHICKEN  
CHORIZO**



OTHERS  
**NEW YORK DELI  
SANDWICH**



OTHERS  
**ITALIAN  
STINGER**



OTHERS  
**PIZZA PITA**



OTHERS  
**NOT YOUR  
AVERAGE  
TURKEY**



OTHERS  
**WHISTLE DOG**



# MAINS

We strive everyday to create meals that are both filling and tasty. Our range of main dishes can be marketed for both lunches and dinners, with diners always coming bck for more.



MAINS  
**BACON MAC & CHEESE**



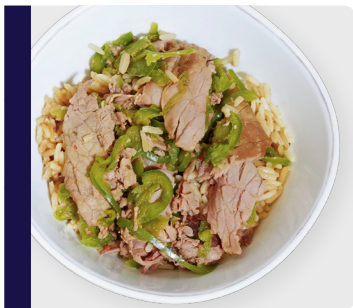
MAINS  
**CHILI**



MAINS  
**GARDEN STRAWBERRY BOWL**



MAINS  
**SPICY THAI NOODLE BOWL**



MAINS  
**TERIYAKI BEEF ON RICE**



MAINS  
**TERIYAKI CHICKEN ON RICE**





# FLATBREAD PIZZA

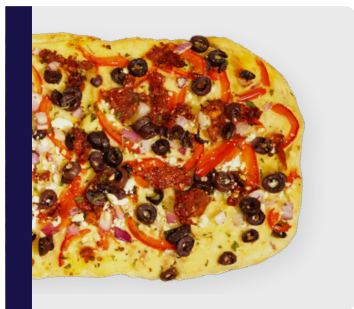
Our flatbreads are a staple in the current market but we are always looking at collaborating on a new flavour.



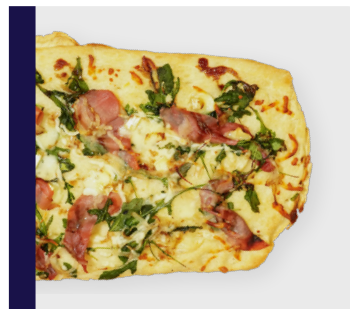
FLATBREAD  
**MARGARITA  
PIZZA**



FLATBREAD  
**ALFREDO  
PIZZA**



FLATBREAD  
**ITALIAN  
PIZZA**



FLATBREAD  
**PRIMAVERA  
PIZZA**



FLATBREAD  
**MEAT LOVERS  
PIZZA**

# BISTRO BOXES

Bistro boxes are slowly becoming a staple in the lunch market. Here is what we have currently, but these are easy to create something new and unique for your target market.



BISTRO BOX  
**BISTRO DEAL**



BISTRO BOX  
**ITALIAN**



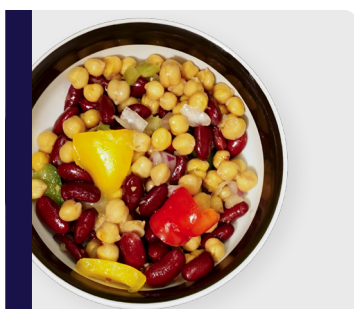
BISTRO BOX  
**PROTEIN**



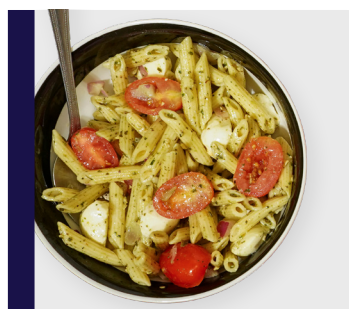
BISTRO BOX  
**VEGGIE  
CRUDITIES**

# EXTRAS

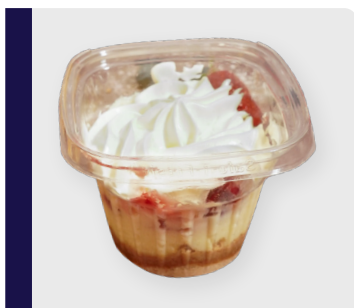
We understand the improve of adding on that extra item, so we've created these smaller portioned extras.



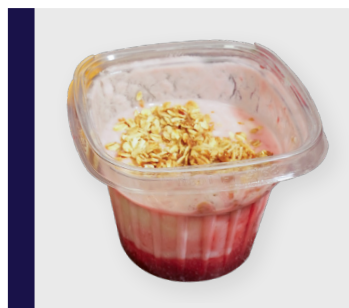
EXTRAS  
**BEAN SALAD**



EXTRAS  
**PESTO PASTA  
SALAD**



EXTRAS  
**CHERRY  
CHEESECAKE  
PARFAIT**



EXTRAS  
**STRAWBERRY  
GREEK YOGURT  
PARFAIT**



**PREP  
CULINARY**